

Single Forearm Support OPC-300

Contents



1 x Forearm Support



1x Bracket



2 x Small Screws



2 x Washers

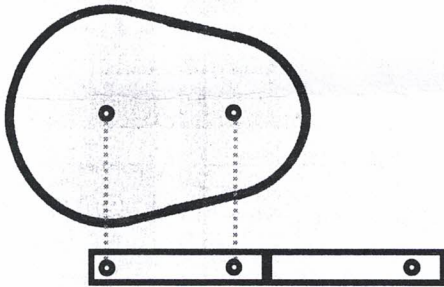


1 x Adjustment Bolt

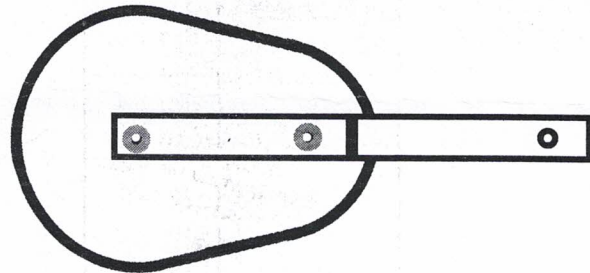


1 x Screwdriver

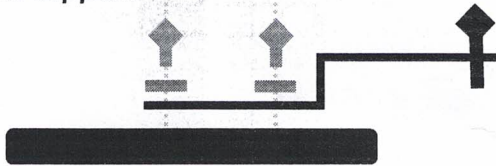
1. Line up the holes on the **Bracket** with the holes on the underside of the **Forearm Support**.



2. Place a **Washer** over each hole on the **Bracket**.



3. Using the **Screwdriver** screw each of the **Small screws** through the **Washer, Bracket** and into the **Forearm Support**.



4. Position **Forearm Support** so that **Bracket** is under the desk. Tighten or loosen the **Adjustment Bolt** so that the **Forearm Support** remains in place.

