

Humanscale foot rockers get your feet moving for health and comfort. They offer relief from prolonged, inactive sitting by encouraging a gentle rocking of the feet, which uses most of the lower leg muscles to increase healthful circulation. Our foot machines also raise the feet to relieve pressure on the lower back when sitting.

C



FR500

The FR500 provides perfect support for the feet and legs to ease pressures on the lower back when sitting. With curved supports to encourage healthful rocking, the FR500 offers a surprising amount of functionality in a simple and elegant package.







FR100

The FR100, offering a stable yet dynamically adjustable foot support, packs a lot of features into a value-priced package. In addition, the non-skid surface ensures that feet will stay right where you want them – on the foot rest – to relieve pressure on the lower back.

FR300

The FR300 encourages gentle rocking of the feet in the same way a rocking chair encourages movement. This rocking motion uses most of the lower leg muscles to increase healthful circulation. In addition, it offers 3" height adjustment for custom positioning.



