

# Desk Top Converters vs Height Adjustable Desks

## A BENEFITS & DRAWBACK COMPARISON

### DESK TOP CONVERTERS

BENEFITS	DRAWBACKS
Sits on existing desk top	Weight Lift Capacity Limitations
Quick & efficient installation & set up	Maximum Height Limitations (Not effective for tall users)
Usually pre built in box, or simple assembly required	Number of Monitors & Size limitations
Available in Manual Lift or Electric Options	Only a portion of the work environment becomes sit stand (may require reaching for phones etc)
Great for keyboard to screen type work flow	Usable Workspace Limitations – restricts supporting documents etc
Easy to use	Manual lift options may be incompatible with injury support or recovery
Can be cost effective	Potential for monitor overhang
Typically 3 Year Warranty	Limited colour / finish options – typically Black
	Does require change of behaviour & habits by user to effective

### HEIGHT ADJUSTABLE DESKS

BENEFITS	DRAWBACKS
Whole work environment becomes sit stand	Requires Assembly – typically 30 minutes to 1 hour
Larger range of height adjustments – Typically low 620mm to high 1250mm	Can be higher initial cost
Very flexible long term solution across a broader range of users – suits very tall or very small users	Requires space (approx. 20mm from each edge) to move freely & safely from sit to stand positions
Available in Manual (Crank) or Electric options	Manual (Crank) lift options may be incompatible with injury support or recovery
Most electric options offer pre-set heights	Does require change of behaviour & habits by user to effective
Large weight lift capacities	
Multiple monitor set up easily accommodated	
Available in configuration, size & colour options	
Typically 10 Year Warranty	
May be able to convert existing fixed height desk to height adjustable desk (conditions apply)	