Product Sheet

ERGOTRON®

WorkFit-S Sit-Stand Workstation – Black

WorkFit-S also available in white

Highlights

For Computer Users

- Transform an ordinary surface into an ergonomic, height-adjustable computer workstation; realize greater comfort and increased productivity
- Enjoy the benefits of decreasing sedentary behavior, such as burning extra calories, toning muscles, improving posture, increasing blood flow and ramping up metabolism
- Keyboard and display(s) easily lift with a single, fluid motion using our patented ConstantForce™ Technology
- Back-tilt keyboard tray ensures wrists remain in a proper ergonomic neutral position; includes large worksurface and keyboard tray

For IT and Facilities Staff

- Simply clamp WorkFit-S to the front of almost any surface; no need to hire professional installers
- Three models available to support light, heavy or dual monitors
- Open architecture supports your needs now and into the future
- Durable, easy-to-clean exterior composed of aluminium, high-grade plastic and powder coated painted steel

For HR/Risk Management

- Offer sit-stand workstations to employees to promote wellness and offer computing comfort

JUST STAND .ORG

Sit and stand throughout the day for a healthier way to work!

Sitting for long hours in front of a computer at work or home? The WorkFit–S from Ergotron provides proper ergonomic positioning of your display(s) and keyboard to inspire a healthier, more productive sit-stand routine. WorkFit-S transforms almost any surface into a personalized height-adjustable desk to help computer users counteract the harmful effects of increasingly sedentary life and work styles.

① **Easily clamps to the front of any surface .47–2.4" (1,2–6 cm) thick**
② **Lift range: LCD and keyboard tray adjust 18" (46 cm) in tandem; LCD adjusts 5" (13 cm) independently; maximum LCD height adjustment = 23" (58 cm)**
③ **Integrated large worksurface provides quick access to task-related and other items**
④ **Ergonomic, large keyboard tray adjusts 18" (46 cm); tray tilts back 5° to ensure wrists remain in a neutral position for increased comfort and productivity**
⑤ **Three models available to support a single light-duty display, a single heavy-duty display or two displays**

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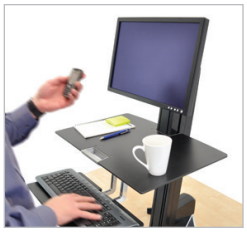
	WorkFit-S, LCD LD	WorkFit-S, LCD HD	WorkFit-S, Dual
Part # (color)	33-342-200 (black)	With Worksurface+ 33-351-200 (black)	33-341-200 (black)
	With Worksurface+ 33-350-200 (black)		With Worksurface+ 33-349-200 (black)
Includes	33-342-200: Height-adjustment column, desk clamp, LCD pivot, keyboard tray with left/right mouse tray	Height-adjustment column, desk clamp, LCD pivot, worksurface, large keyboard tray	33-341-200: Height-adjustment column, desk clamp, crossbar, two (2) LCD pivots, keyboard tray with left/right mouse tray
	33-350-200: Height-adjustment column, desk clamp, LCD pivot, worksurface, large keyboard tray		33-349-200: Height-adjustment column, desk clamp, crossbar, two (2) LCD pivots, worksurface, large keyboard tray
	Desk Clamp attaches to surface edge .47–2.4″ (1,2–6 cm) thick		
Typical LCD Size	≤ 24″	≤ 30″	≤ 24″ Maximum LCD outside width: 24.5″ (62 cm) See website for details
LCD SIZE IS APPROXIMATION. DIMENSION IS DIAGONAL MEASUREMENT OF SCREEN. **LCD SIZE** MAY BE EXCEEDED AS LONG AS SCREEN WEIGHT DOES NOT EXCEED MAXIMUM WEIGHT CAPACITY OF THE MOUNT.			
Weight Capacity	33-342-200: LCD Pivot capacity 6–16 lbs (2,7–7,3 kg) Maximum load on height-adjustment assembly 24 lbs (11 kg). Includes weight of display in addition to contents on Keyboard Tray	Maximum load on height-adjustment assembly 29 lbs (13,2 kg). LCD pivot capacity 16–28 lbs (7,3–12,7 kg), worksurface ≤ 5 lbs (2,3 kg), keyboard tray ≤ 5 lbs (2,3 kg). For proper operation the total weight of components when added together should not exceed 29 lbs (13,2 kg)	33-341-200: LCD weight 6–14 lbs (2,7–6,3 kg) each, 12–28 lbs (5,5–12,7 kg) combined. Maximum load on height-adjustment assembly 31 lbs (14 kg). Includes weight of display in addition to contents on Keyboard Tray
	33-350-200: Maximum load on height-adjustment assembly 18 lbs (8,2 kg). LCD pivot capacity 6–16 lbs (2,3–7,3 kg), worksurface ≤ 5 lbs (2,3 kg), keyboard tray ≤ 5 lbs (2,3 kg). For proper operation the total weight of components when added together should not exceed 18 lbs (8,2 kg)		33-349-200: Maximum load on height-adjustment assembly 25 lbs (11,4 kg). LCD weight 6–14 lbs (2,7–6,3 kg) each, worksurface ≤ 5 lbs (2,3 kg), keyboard tray ≤ 5 lbs (2,3 kg). For proper operation the total weight of components when added together should not exceed 25 lbs (11,4 kg)
Lift	33-342-200, 33-341-200: LCD/keyboard adjust 18″ (46 cm) in tandem; LCD adjusts 5″ (13 cm) independently; maximum LCD height adjustment 23″ (58 cm)		
	33-350-200, 33-351-200, 33-349-200: LCD/keyboard adjust 18″ (46 cm) in tandem; LCD adjusts 4.8″ (12,2 cm) independently; maximum LCD height adjustment 22.8″ (58 cm). The worksurface restricts the vertical travel range of the LCD lift pivot; height adjustment of LCD without worksurface is 5″ (13 cm)		
Tilt	30°	30°	—
Pan	—	—	—
Rotation	360°	90°	360°
VESA	MIS-D See website for details	MIS-D/E/F See website for details	MIS-D See website for details
Warranty	5 years		
Shipping Dimensions	8″H x 23″W x 44″D (20 x 58 x 115 cm)		
Shipping Weight	33-342-200: 38.5 lbs (17,5 kg)	44 lbs (20 kg)	33-341-200: 40 lbs (18 kg)
	33-350-200: 44 lbs (20 kg)		33-349-200: 45.5 lbs (20,7 kg)

WorkFit Conversion Kit: Dual to LCD & Laptop
97-617
This kit converts a WorkFit-S, Dual Workstation into a WorkFit LCD & Laptop Workstation



Worksurface for WorkFit-S
97-581-019 (black)

Tablet/Document Holder for WorkFit-S
97-558-200 (black)
Includes lift handle

Large Keyboard Tray for WorkFit-S
97-653 (black)

Deep Keyboard Tray for WorkFit
97-897 (black)

Corner Keyboard Tray for WorkFit
97-898 (black)

Dual Monitor Double-Hinged Bow
98-101-009 (black)

Grommet Mount for WorkFit-S
97-649-085

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