# Active Classroom Spotlight

## Beaverton, Oregon School District

Beaver Acres Elementary School (K-5), Beaverton, OR Teachers: 53 Students: 800 Principal: Stacy Geale

Beaverton School District Oregon's most diverse county Schools: 51 Students: 41,000

\* Source: BSD Public Schools Data 2016 school year, National Center for Education Statistics



#### From the Classroom

When 40 Ergotron LearnFit® Adjustable Standing Desks were delivered to Beaver Acres, a K-5 elementary school, they were deployed in sets of two or four to every corner of the school. Amanda Meyer, fourth-grade teacher, didn't instantly know how to incorporate the on-demand height adjustability and mobility into her curriculum, but she quickly learned.

"There are no assigned seats in my classroom. I like to stand and move and so do most kids. When we transition to a new activity, I ask them to move: Go sit or stand next to someone who can help you, not distract you." She replaced student desks with cubbies, and her own desk with a loveseat, to create an inspiring space. "I love the LearnFit. It was the jumping-off point for me; the school was onboard and encouraged me to keep going. Now I have a mentor classroom – other teachers come here to see and learn." "When I'm sitting too much I go to a standing desk and it relaxes my legs. I can set water bottle and pencils down. If I'm distracted, I can go to a standing desk where there isn't anyone else. You can get good grades, focus more, with nobody there to distract you."

- New, fourth-grade student

Most teachers at Beaver Acres make the LearnFit available to students who need it most – super active children, those with ADHD, and students who enjoy standing. They get extra turns at the standing desk or longer sessions each time.



LearnFit® Adjustable Standing Desk Learnfit.ergotron.com

#### Students weigh in on LearnFit desks

"Sometimes I get tired of sitting and I like to stand instead. When you sit for a long time it's not comfortable."

— Natalie

"It helps me not to slouch down and to pay attention. I was standing next to her because we're friends. We were helping each other – she used my pencil sharpener."

— Kyra

"It's fun to use and you can adjust it. If you have a partner at a standing desk, you can ask them something."

— Melia

"I like to be at a standing desk because it's easier to pay attention."

— Nimo

### It's easy to create active learning spaces that are responsive to all users



#### From the Principal's Office

When Principal Stacy Geale saw the first LearnFit being unboxed, she claimed it for her own use. She was eager to transform the school's recently renovated 1957 building into a hub of active, mixed-use classrooms and healthy, energetic office spaces.

She likes moving a LearnFit desk around the school for in-class evaluations because it's non-intrusive and non-disruptive, plus she can observe and take notes on the fly.

"I feel better, too," she enthuses. "When I'm out and about and standing, I have more energy. I've lost 10 pounds this last year and I attribute it to walking with my LearnFit. That inspired me to find adjustable furniture for my office staff too."

She notes that using the LearnFit desks has brought many other benefits to teachers and administrators, inspiring them to reimagine and redefine their workflows and environments.

#### From the EdTech Lab

Ryan Hoxie, Future Ready Strategist for the Beaverton School District, has a goal of ensuring educators and students are proficient in demonstrating creative thinking and practical applications for using digital tech within the core curriculum areas.

"Standing while working has increased engagement and made students more comfortable," Ryan Hoxie says, "Sitting for long periods isn't good for anyone, so these standing desks have been a great addition to our classrooms."

With a year of having LearnFit desks in the classroom, the pilot program is proving successful. As they move forward, he will continue to ensure that Beaver Acres teachers and teachers are proficient in using innovative products, like the LearnFit desks, to support future-ready technology.

Learn more about how other schools are adapting sit-stand desks into their classrooms at Ergotron.com/spotlight.

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