

Portable notebook stand Ergo-Q 330



6 different height settings: height range at back: 11-19 cm

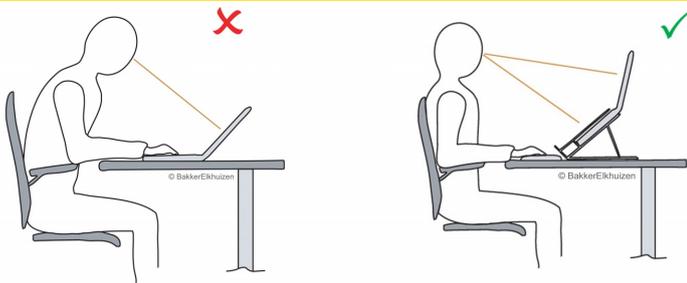
Easy laptop set-up: built in (patented) document holder is pivotable

Lightweight: completely foldable, fits in any notebook case

Material: ABS plastic and protective rubber feet.

Award winning design: Ergonomics Excellence Award

Suitable: for all laptops up to 17 inch

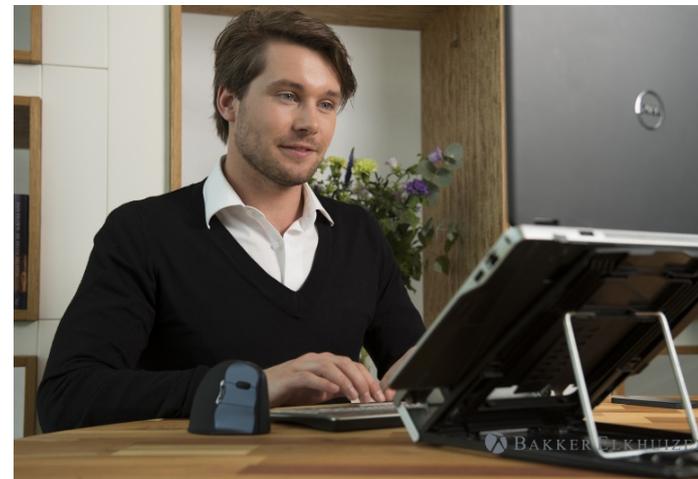


Specifications

Dimensions:	228 x 13 x 310 mm (W x H x D)
Weight:	490 gr
Product code:	BNEQ330

Health & Safety Regulations

Recent scientific studies in the Netherlands and Sweden have shown that working with the Ergo-Q results in: 17% increased productivity, 21% increased comfort and 32% decreased neck torque.



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1. Your ergonomic workplace
2. Fits in every laptop bag
3. Easy to set up

2



3



Research

Using a notebook stand in combination with an external keyboard and mouse increases productivity by 17%.

It also significantly improves sitting posture. Neck strain is reduced by 32% and comfort is improved by 21% (Lindblad, 2002). The forearms are also in a more neutral position. Physical complaints are substantially reduced (Boersma, 2002).

We advise working no longer than two hours a day with a laptop unless it is combined with a notebook stand with an external keyboard and mouse.